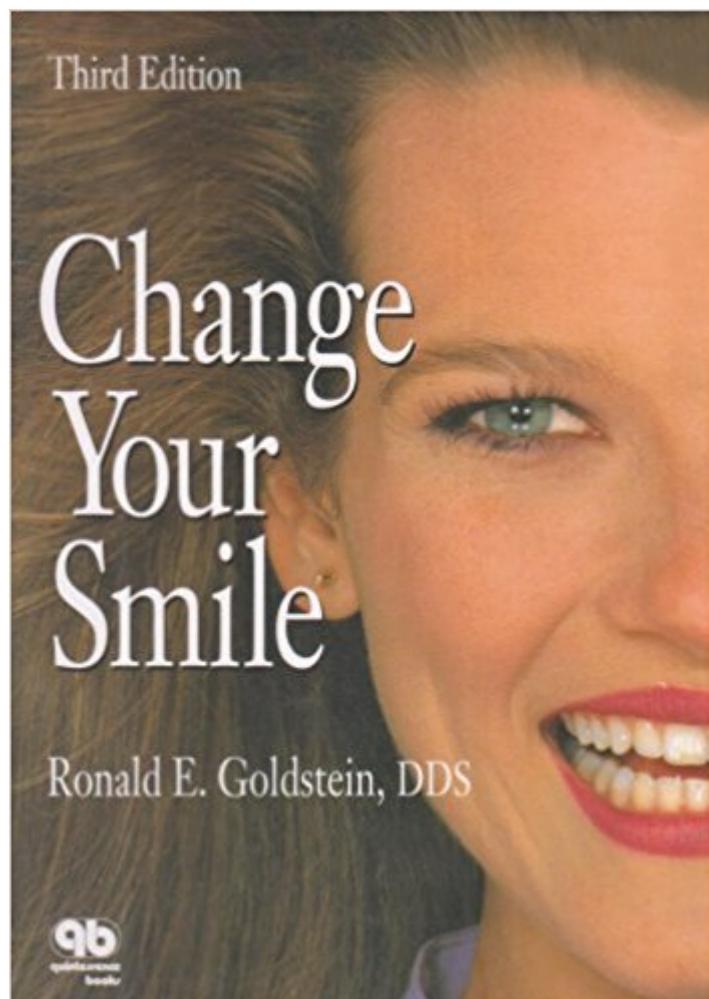


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# Change Your Smile



## **Synopsis**

In this third edition of a work on improving the appearance of patients' teeth, there are new sections on bleaching, porcelain laminates, porcelain inlays/onlays, resin-bonded bridges and more.

## **Book Information**

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## **Customer Reviews**

This book should be looked at by every person who is thinking about having cosmetic or esthetic dentistry done. If you are considering crowns, veneers, dental implants discuss your options with your dentist. Asking lots of questions is imperative. But what questions do you ask? How do you know what to expect. Paging through this informative text with amazing illustrations is one of the best ways to start. Dr. Goldstein begins his book by explaining that "like it or not, we live in a beauty conscious society. Not all of the beautiful people were born that way." The dentist can help you achieve that beautiful first impression; that is, extenuate the positive force of your smile. Careful consideration is given to removing stains on teeth, repairing fractured and crooked teeth, filling in gaps in your smile and helping with bite problems. "Change Your Smile" should be common reading in every cosmetic dental practice, which means all dental offices. Informing yourself on what is possible makes the end result that much more positive.

This book is an excellent description of the extensive range of issues dealing with changing the appearance of a patient's smile. The book is clear about its objectives and is very easy for anyone to read and follow. After reading this book, patients can easily decide whether they are candidates

for cosmetic dentistry and get a reasonably good idea of the procedures involved. The author has discussed several treatment options for every situation, and he has included self-evaluations for patients to use in making informed decisions. An introductory chapter of relating the smile to the entire face presents a unique perspective. Dr. Goldstein discusses contemporary interdisciplinary approaches in creating different aesthetic effects. The explanations are accompanied by excellent illustrations that demonstrate the changes possible by procedures in modern dentistry and medicine. Often the patient and the doctors are not on the same page as far as the patient's chief complaint is concerned. This may lead to a situation in which the treatment provided may be superior; however, the treatment did not address the patient's chief complaint, leading to the patient's being dissatisfied. This book may provide the critical link to complete the communication circuit between the doctor and the patient. After reading it, patients can have a better understanding of their problems, the steps required to address these problems, and the advantages and disadvantages of each procedure. Further, details of expenses provide the consumer with an idea of the financial commitment involved. In summary, this 324-page hardcover book with 575 high quality illustrations is the most comprehensive and clear presentation of an important self-assessment tool used in cosmetic dentistry. A must-read for patients, students, and clinicians involved with cosmetic dentistry.....reviewed for the Journal of the American Dental Association by Dr. Pramod K. Sinha, Assistant Professor, Univ. of Oklahoma College of Dentistry, April 199

This book lets you analyze your smile and come up with the most practical solutions for whatever smile problem you have. There doesn't seem to be anything left out of the cosmetic problems and solutions to a better smile.....and a more attractive face as well. This is because there are chapters that involve the role of facial plastic surgery, orthognathic(done by the oral surgeon) surgery, and cosmetology. It contains a simple smile analysis in the first chapter and logically helps you understand what your problem or problems are. It is easy to comprehend what your choices are because both the patient photographs and illustrations are so easy to understand. In each treatment summary the author describes not only what the result can look like but more importantly, the maintenance required with each restoration as well as a realistic range of fees and life expectancy. Too often people fail to get what they want mostly because they really don't know what they want, and they don't know how to get it. The best way is to take this book with you to your dentist!!!

When I purchased the book I knew it was written about ten years ago but figured the content was still relevant; and for the most part it was. However, the photos look like they were taken in the 70's

and 80's. While the book has clinical relevance the old photos certainly detract from the content of the book. Do not expect the photos in the book to be coincident with the cover photography. I would certainly not recommend this book for a reception room copy unless you have Crayons for children to color!

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